

Hokkaido University Short-Term Exchange Program -HUSTEP-

Brochure & Application Form	Issued in December
Application Deadline	2022 Spring Semester: October 29, 2021
Results Notification	[Spring 2022] Mid-December
Course Duration	Spring: Early April 2022 – Mid-August,2022 (5 months)
Number of Students	We decide the number of participants on a yearly basis. Please note there is a screening process in place for each program. Not all students who apply will be accepted.

Program Details

HUSTEP is a 'junior year abroad' type program designed to provide undergraduate students from affiliated universities with the opportunity to study in Japan at Hokkaido University. Participants in this program take a wide variety of classes offered in English in the fields of Culture and Society, Environment, Science and Technology. Students also have the chance to study the Japanese language. For more information, please see the website below.

<https://www.global.hokudai.ac.jp/admissions/exchange-student-admissions/exchange-programs-in-english-hustep/>

Eligibility

To be eligible to apply for HUSTEP, students must:

1. be enrolled in full-time undergraduate degree programs at overseas universities that have concluded a student exchange agreement with Hokkaido University.
2. be enrolled and pay tuition fees at their home universities as full-time students during the entire period of study in Japan.
3. have completed at least two years of undergraduate study at their own university prior to arrival in Japan.
4. have a cumulative grade point average (GPA) of 3.0 or better on a 4.0 scale or equivalent.
5. be proficient in English. Non-native English speakers must have a score of at least TOEFL iBT 79 or IELTS 6.5.
6. be able to arrive by late September or the first week of April.

Application Procedure

*Application form is available online.

1. Home University Coordinator provides students with application form.
2. Student completes the form.
3. Home University Coordinator sends the application together with required documents.
4. Hokkaido University reviews the application.
5. Hokkaido University notifies successful applicant and issues further instructions.

Required Documents

The application package should include the following documents:

1. Completed HUSTEP application form (with Cover Page)
2. Completed Certificate of Enrollment Form
3. A recommendation letter from an academic supervisor
4. An official transcript of academic record
5. Certificate of health
6. Three photos (3×4 cm, color and clear)
7. TOEFL or IELTS score record (non-native English speakers only)
8. Photocopy of your passport

Credits

Credits and grades are issued for each semester.

Scholarship

Some students will be eligible to receive the following scholarship: JASSO scholarship (monthly stipend of 80,000yen)

Detailed information will be provided together with application form.

Applicants must be in Japan during exchange period to receive the scholarship.

Accommodation

University dormitory

Room assignment is decided by Hokkaido University.

Contact e-mail address

hustep@oia.hokudai.ac.jp

Japanese Language and Culture Studies Program
- JLCSP-

Brochure & Application Form	Issued late December
Application Deadline	2022 Spring Semester: October 29, 2021
Results Notification	[Spring 2022] Mid-December
Course Duration	Spring: Early April 2022 – Mid-August,2022 (5 months)
Number of Students	We decide the number of participants on a yearly basis. Please note that there is a screening process in place for each program. Not all applicants will be accepted.

Program Details

The JLCS Program is a Japanese Language and Culture Studies program designed for Japanese Majors from affiliated Universities to develop their Japanese skills and broaden their horizons about Japan.

1. Japanese Language Courses
2. Japanese linguistics, culture and society courses
3. Directed study in students' chosen field.

For more information, please see the website below.

<https://www.global.hokudai.ac.jp/admissions/exchange-student-admissions/exchange-programs-in-japanese-jlcsp/>

Eligibility

Students who meet the following conditions:

1. Undergraduate students
2. Majoring in Japanese Language and/or Japanese Culture
3. Equivalent to JLPT level N3 or higher
4. Enrollment at home university: Exchange students are required to be enrolled at their home university as a full-time student during the entire period of exchange.
5. Possessing a good academic record at university level.

Application Procedure

[Embassy Recommendation] (Only for One Year course)

Procedures are different from each country. Applicants should inquire at the Japanese Embassy in their country.

[Direct application]

1. Home University Coordinator provides students with application forms.
2. Student completes the form.
3. Home University Coordinator sends the application together with required documents to Hokkaido University.
4. Hokkaido University reviews the documents.
5. Hokkaido University notifies successful applicants and issues further instructions.

Required Documents

1. Application form
2. Certificate of Enrollment
3. Recommendation letter
4. Transcript of academic record
5. Photocopy of Certificate of JLPT test
6. Photocopy of passport
7. 2 copies of photo (4.5×3.5 cm, color and clear)
8. Application form for MEXT scholarship (if you want to apply)

Credits

The program is a credited program.

Students will receive their academic transcripts at the end of the program.

Scholarship

Some students will be eligible to receive the following scholarship:

Japanese Government (MEXT) Scholarship / JASSO scholarship

Monthly stipend: 117,000 JPY / 80,000 JPY

Detailed information will be provided together with application form.

Accommodation

University dormitory

Room assignment is decided by Hokkaido University.

Contact e-mail address

jlcsp@oia.hokudai.ac.jp

Exchange as a Special Auditor (Undergraduate)

Application Form	Issued on nomination basis
Application Deadline	[Spring Semester 2022] November 12, 2021
Nomination Deadline	[Spring Semester 2022] October 12, 2021
Results Notification	[Spring Semester 2022] early February, 2022
Course Duration	(Half year or full year) [Spring Semester 2022] April 1, 2022 – September 30, 2022
Number of Students	Decided on a yearly basis. There will be a screening at each faculty. Not all applicants will be accepted.

Program Details
Half year or full year exchange in which students are assigned to a Department/Faculty of their majoring field and take courses to acquire credits. Please select the school which correlates to the majoring study of your applicants. Applicants must concentrate to one major and select courses from the school they apply. Please refer to the following link and select the most appropriate School for the applicant. https://www.global.hokudai.ac.jp/research-and-education/undergraduate-schools/

Eligibility
Students who meet the following: <ol style="list-style-type: none"> 1. High academic record at home university 2. Equivalent to JLPT level N2 or higher (preferably native level) 3. Enrollment at home university: Exchange students are required to be enrolled at their home university as a full-time student during the entire period of exchange.

Application Procedure
<ol style="list-style-type: none"> 1. Home university coordinator nominates students by submitting the nomination sheet. * The nomination sheet will be provided on request basis. 2. Hokkaido University provides the latest application form based on the nomination. 3. Students prepare the application documents. 4. Home university coordinator submits the application documents. 5. Hokkaido University screens the application. 6. Hokkaido University notifies the screening results and gives further instruction.

Required Documents
<ul style="list-style-type: none"> Application form Certificate of Enrollment from Home University Recommendation letter Transcript of academic record Photocopy of Certificate of JLPT Photocopy of passport Three photos (3×4 cm, color and clear) <p>This is general information, and the required documents may vary depending on Schools</p>

Credits
Credits and grades are issued for each semester. (Excl. Japanese language classes)

Scholarship
N/A

Accommodation
University dormitory / Room assignment is decided by Hokkaido University.

Contact e-mail address
exchange-programs@oia.hokudai.ac.jp

Exchange as a Special Auditor (Postgraduate)

Application Form	Issued on nomination basis
Application Deadline	[Spring Semester 2022] November 12, 2021
Nomination Deadline	[Spring Semester 2022] October 12, 2021
	<p>China Scholarship Council (CSC) *Chinese universities only</p> <p>CSC applicants must be nominated earlier than the nomination deadlines above. If you have CSC applicants, please contact us more than a month before CSC deadline</p> <p>Please go through proper procedures through home university exchange offices.</p>
Results Notification	[Spring Semester 2022] late-January, 2022
Course Duration	(Half year or full year) [Spring Semester 2022] April 1, 2022 – September 30, 2022
Number of Students	Decided on a yearly basis. There will be a screening at each graduate school. Not all applicants will be accepted.

Program Details
<p>Half year or full year exchange in which students are assigned to a department/faculty of their majoring field of study and take courses to acquire credits. Please select the graduate school which correlates to the majoring study of your applicants. Applicants must concentrate to one major and select courses from the graduate school they apply. Please refer to the following link and select the most appropriate graduate school for the applicant.</p> <p>https://www.global.hokudai.ac.jp/research-and-education/graduate-schools/</p>

Eligibility
<p>Students who meet the following:</p> <ol style="list-style-type: none"> 1. High academic record at home university in the field of desired faculty 2. *Equivalent to JLPT level N2 or higher (preferably native level) *depending on a graduate school. 3. Enrollment at home university: Exchange students are required to be enrolled at their home university as a full-time student during the entire period of exchange.

Application Procedure
<ol style="list-style-type: none"> 1. Home university coordinator nominates students by submitting the nomination sheet. * The nomination sheet will be provided on request basis. 2. Hokkaido University provides the latest application form based on the nomination. 3. Students prepare the application documents. 4. Home university coordinator submits the application documents. 5. Hokkaido University screens the application. 6. Hokkaido University notifies the screening results and gives further instruction.

Required Documents
<ol style="list-style-type: none"> 1. Application form 2. Certificate of Enrollment from Home University 3. Recommendation letter 4. Transcript of academic record 5. Photocopy of Certificate of JLPT 6. Photocopy of passport 7. Three photos (3×4 cm, color and clear) <p>This is general information, and the required documents may vary depending on graduate schools.</p>

Credits
Credits and grades are issued for each semester. (Excl. Japanese language classes)

Scholarship
N/A

Accommodation
University dormitory / Room assignment is decided by Hokkaido University.

Contact e-mail address
exchange-programs@oia.hokudai.ac.jp

Exchange as a Special Research Student

Application Form	Issued on nomination basis
Application Deadline	[Spring Semester 2022] November 12, 2021
Nomination Deadline	[Spring Semester 2022] October 12, 2021
	China Scholarship Council (CSC) *Chinese universities only CSC applicants must be nominated at least one month before the deadline above. If you have CSC applicants, please contact us earlier. CSC Joint Scholarship Program Researchers are accepted as SRS at HU. They need to be nominated and go through application procedures as SRS applicants. If a student individually contacts a professor and gets permission, the procedures are ineffective or incomplete. Please go through proper application procedures through home university exchange office and Student Exchange Division HU.
Results Notification	[Spring Semester 2022] late-January, 2022
Course Duration	(Half year or full year) [Spring Semester 2022] April 1, 2022 – September 30, 2022
Number of Students	Decided on a yearly basis. There will be a screening at each graduate school. Not all applicants will be accepted.

Program Details
Half year or full year programs in which students are assigned to a particular graduate school and undertake research supervision centered on their specialized areas of studies. Please refer the website for more details. https://www.global.hokudai.ac.jp/admissions/exchange-student-admissions/

Eligibility
Students who meet the following: 1. High academic record at home university in the field of desired graduate school 2. English or Japanese fluency to communicate with academic supervisor

Application Procedure
1. (Before applying) Students contact a professor to request academic supervision and receive unofficial agreement. 2. Home university coordinator nominates students by submitting the nomination sheet. * The nomination sheet will be provided with application information 3. Hokkaido University provides the latest application form based on the nomination. 4. Students prepare the application documents. 5. Home university coordinator submits the application documents. 6. Hokkaido University screens the application. 7. Hokkaido University notifies the screening results and gives further instruction.

Required Documents
1. Application form 2. Certificate of Enrollment from Home University 3. Recommendation letter 4. Transcript of academic record (Undergraduate/Graduate) 5. Photocopy of Certificate of JLPT (if any) 6. Photocopy of passport 7. Three photos (3×4 cm, color and clear) This is general information. Required documents may vary depending on graduate schools.

Credits
No credits are issued. Special Research Students only receive supervision.

Scholarship
N/A

Accommodation
University dormitory / Room assignment is decided by Hokkaido University.

Contact e-mail address
exchange-programs@oia.hokudai.ac.jp

HOKKAIDO UNIVERSITY

HUSTEP

2022-2023

SHORT-TERM EXCHANGE PROGRAM



Study about Japan in English



HOKKAIDO
UNIVERSITY

Welcome to



HUSTEP

broadens your horizons!



Dr. Peter Firkola
HUSTEP Program
Director

Ms. Maki Nonaka
HUSTEP Administrative
Coordinator

The Hokkaido University Short-Term Exchange Program (HUSTEP) is a 'junior year abroad' type program designed to provide undergraduate students from affiliated universities with the opportunity to study at Hokkaido University. Participants in this program take a wide variety of classes offered in English in the fields of Culture and Society, Environment, Science and Technology. Students also have the chance to study the Japanese language. In addition, some participants can pursue independent study research under the guidance of a faculty member. There will also be an opportunity to take part in numerous traditional and contemporary Japanese cultural activities. Students admitted to the program are eligible to apply for a scholarship.

HUSTEP provides a safe and caring environment in which to carry out your academic studies and broaden your horizons. Participating in HUSTEP will help to prepare you for the future with knowledge and experiences that will last a lifetime. In addition, you will have a wonderful opportunity to meet and make friends with many Japanese people as well as international students from all around the world who come to study at Hokkaido University.

We would like to invite motivated university students from ALL disciplines to participate in HUSTEP.





HUSTEP

Course Details



HUSTEP offers students the choice of participating in the One Year or Half Year Course.

The One Year Course allows students to study for two semesters and take classes in English as well as Japanese language classes. In addition, students have the option to do an independent study under the guidance of a faculty supervisor. As part of the independent study, students may have a chance to study in a lab or attend seminars with Japanese students in various faculties.

The Half Year Course allows students to study for one semester and take classes in English and Japanese language classes.

Students should choose carefully since switching courses is not permitted. Course details are listed below.

Course Overview	One Year	Half Year (Fall)	Half Year (Spring)
Core Classes (in English)	Yes	Yes	Yes
Japanese Language Classes	Yes (optional)	Yes (optional)	Yes (optional)
Independent Study	Yes (optional)	No	No
Course Completion Requirements	Yes**	No*	No*
Study Period	Late September, 2022- Early August, 2023	Late September, 2022- Mid-February, 2023	Early April, 2023- Early August, 2023
Application Deadlines	February 10, 2022	February 10, 2022	October 28, 2022 Submit applications in October

Eligibility

To be eligible to apply for HUSTEP, students must:

1. be from exchange partner universities
2. be enrolled and pay tuition fees at their home universities during study in Japan
3. have completed **at least two years of undergraduate study** prior to arrival in Japan
4. have **GPA of 3.0 (B) or better** on a 4.0 scale or equivalent
5. be proficient in English. Non-native English speakers must have a score of **at least TOEFL iBT 79 or IELTS 6.5*****
6. be able to arrive in Sapporo by late September or first week of April

Please check HUSTEP application guidelines for complete eligibility requirements.

For details, please check the HUSTEP website.

<https://www.global.hokudai.ac.jp/admissions/exchange-student-admissions/exchange-programs-in-english-hustep/>

There is a screening process and not all students who apply will be accepted.

Application Procedure

* Students must take a minimum of 10 hours of classes (7 classes) per week to meet visa requirements.

** One Year Course students are required to obtain at least 10 credits in each semester, and at least 8 of these credits should be from core classes.

*** In exceptional cases, a different internationally recognized English test result may be accepted.

Classes

Core Classes

from a previous year



Culture and Society

- Animal-Human-Technology: Thoughts and Theories
- Anthropology: History and Debates
- Aspects of Consumption in Japan
- Career Planning
- Contemporary Japanese Society
- Countries and Culture
- Critical English Education
- Does God Exist? The Great Debate
- Drama and Oral Interpretation
- Dynamic and Effective Presentations
- English Education in Japan
- Ethnographies of Japanese Culture
- Gaming International Relations
- Gender and Sexuality in Contemporary Japan
- Globalization and Sustainability in Japanese School Education
- Historical International Experiences
- Hokkaido History
- Hokkaido: Then and Now

- How We Learn Languages
- Imperial Russian History from Peter to Petrograd
- Indigenous Peoples and Education
- Interpersonal Communication
- Historiography
- Japanese Politics
- Japanese Society
- Japanese Studies
- Social Theory
- Tourism Studies
- Japan and Multiculturalism
- Japanese Economy
- Japanese Foreign Policy
- Japanese Management
- Japanese Media and Popular Culture
- Japanese Political Economy
- Language Issues in a Globalized World
- Law, Rights, and Legal Culture

- Methods in Language Teaching
- Modern Japanese History
- Multiculturalism in Hokkaido and Japan
- Music and Culture
- Music Psychology
- Personal Stories and Religion
- Political Economy of Japan and East Asia
- Practicing Basic Natural Everyday English
- School Education and Society in Japan
- Sex, Gender and Hospitality in Japanese Society
- Social Inequality in Post-Growth Japan
- Special Topics in Media Studies
- Sustainability Studies beyond Hollywood Films
- The Age of Total War: World History 1904-1945
- The Politics of History in East Asia
- Thinking about Meiji Thinkers
- Topics in Japanese Thought
- Truth of Human Language Syntax
- Workshop on Critical Thinking

Science, Technology and Environment

- Advanced Fluid Engineering
- Agriculture in Hokkaido
- Applied Animal Ecology
- Applied Mathematics for Engineering Mechanics
- Basic Principles of Inorganic Chemistry
- Biomechanics of Circulation
- Calculus
- Chemistry and English for Life Science
- Concrete Engineering
- Dynamics of Civil Engineering Structures
- Environmental Science for Biological Resources
- Essential Organic Chemistry
- Essential Physics
- Field Bioscience in the Northern Biosphere
- Food Resources and Environment
- Food, Nutrition and Culture in Japan
- General Biology
- General Chemistry
- Genetics
- Geotechnical Foundation Engineering
- Highway Engineering
- History of Geology
- Hydrology, Water Resources and River Engineering
- Infrastructure Maintenance Engineering

- Integrated Science
- International Project
- Animal Physiology
- Biodiversity Study
- Environmental Earth Science
- Marine Science
- Robotics
- Lifetime Engineering for Civil Infrastructure
- Linear Algebra
- Maintenance Engineering
- Mathematics and Physics of Metabolic Organization
- Mechanical Vibration and Control
- Medical Device and Biomaterials
- Modern Trends in Organic Chemistry and Biological Chemistry
- Modern Trends in Physical and Material Chemistry
- Overview of Energy Technology and Policy
- Phylogenetics
- Planet Earth and Environmental Footprint
- Resources Sustainability
- Science and Technology in History
- Solid Mechanics and Materials
- Space Propulsion Engineering
- Space Utilization Engineering
- Strength and Fracture of Materials

- Theory and Practice of Algorithms
- Theory of Computation
- Thermodynamics and Electromagnetism
- Vibrations in Engineering

Japanese Language

- Japanese Language Classes

Independent Study

- Independent Study

For the most recent course list and syllabi, please refer to the HUSTEP website.

The classes listed above and the independent study are worth 2 credits each.
The Japanese language classes are 1 or 2 credits each.

Class Schedule

from a previous year

Time Table	Monday	Tuesday	Wednesday	Thursday	Friday
1st 8:45-10:15	Japanese Language	Japanese Language Linear Algebra	Japanese Language Science and Technology in History	Japanese Language Calculus	Japanese Language
2nd 10:30-12:00	Japanese Language	Japanese Language Topics in Japanese Thought	Japanese Language Methods in Language Teaching	Japanese Language Personal Stories and Religion	Japanese Language How We Learn Language
3rd 13:00-14:30	Japanese Language Topics in Japanese Thought	Japanese Language General Biology Gender and Sexuality in Contemporary Japan	Japanese Language School Education and Society in Japan Imperial Russian History from Peter to Petrograd	Japanese Language Contemporary Japanese Society Language Issues in a Globalized World	Japanese Language General Chemistry Chemistry and English for Life Science
4th 14:45-16:15	Environmental Earth Sciences The Age of Total War: History 1904-1945	Hokkaido History The Politics of History in East Asia Food Resources and Environment	Multiculturalism in Hokkaido and Japan Workshop on Critical Thinking Sustainability Studies beyond Hollywood Film	Japanese Management Applied Animal Ecology Music and Culture	Career Planning English Education in Japan
5th 16:30-18:00	Countries and Culture Essential Physics	Hokkaido: Then and Now Music Psychology Agriculture in Hokkaido	International Project Japanese Foreign Policy Essential Organic Chemistry	Japanese Economy Anthropology: History and Debates	Environmental Science for Biological Resources

* On average, students take one Japanese language class and one core class per day.

HUSTEP

The following is the 2022-2023 Academic Calendar (tentative)

Calendar



Cultural Activities

Academic Calendar

Late September Program Orientation

October 1 Classes Begin (Fall Semester)

December 28 - January 4 Winter Break

Mid-Feb Cultural Activities (tentative)

Early February Last Day of Classes



September



October



November



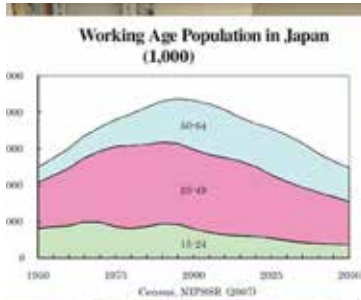
December



January



February

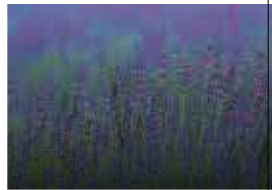




Early February - Early April Spring Break

Early April Classes Begin (Spring Semester)

Early August Last Day of Classes





HUSTEP allowed me to spend time during the pandemic in an enjoyable and meaningful way. Even though the program was done online, all the courses were well prepared. The program helped open my eyes to knowledge that I will need in my work life, and also meet friends online. I was glad to be a part of HUSTEP where I grew both academically and socially.

Audira Pundi Hutami

Institut Teknologi Bandung
Indonesia



Being a HUSTEP exchange student was a life-changing experience! The cultural diversity of students helped to create fruitful exchanges and exceptional friendships. We organized regular online meetings and parties all whilst being scattered across the globe. The remote format allowed for even deeper connections to flourish. The program enabled me to gain a deeper understanding of Japan and the contemporary world, whilst encouraging me to become more communicative, autonomous and self-assured.

Sarah Maaz

Institute for Political Studies in Paris
France



We had the opportunity to study with international and Japanese students on campus and learned about life in Hokkaido through them. Along with content courses in English, we could also take Japanese language courses. The design of the Japanese language courses helped students gain a solid foundation. These courses allowed us to learn a lot, even if we could not visit Japan. This experience provided knowledge and skills to prepare me for my overseas graduate studies. HUSTEP was a great choice!

Chieh Chieh Chang

National Chengchi University
Taiwan

Participant Views of HUSTEP



Even during the pandemic, HUSTEP was a great experience. The courses were extremely enriching and my Japanese language proficiency greatly improved. I was also able to make many new friends. I loved being part of this multicultural environment. Even while not being able to come to Japan, this experience took me far as a person. In terms of both competencies and experience, it was a valuable step. I had the time of my life!

Tim-Simon Holtgrefe

University of Bremen
Germany



Participating in HUSTEP was one of the best memories of my college life. The students came from all over the world, and I could learn about different cultures. The courses emphasized class discussion and presentation, so I not only improved my Japanese and English language ability, but also improved my communication skills. I became more self-confident and outgoing. The HUSTEP faculty were supportive and I learned a lot from them. It was a great chance to meet many amazing people!

Yi-Han Chung

National Cheng Kung University
Taiwan



My HUSTEP experience was incredible and I would gladly repeat it again. The pandemic was a challenge for everyone, but it could not keep us from having an unforgettable time. I got to meet great new friends from all around the world. Over time, we became a close-knit community, even from afar. I learned a lot, got to delve deep into Japanese society and met amazing people. No matter if online or in person, I wouldn't want to miss this amazing experience.

Sarah Hamer

University of Bremen
Germany

Dr. William S. Clark:
Founding Father of Hokkaido University



HOKKAIDO UNIVERSITY

Founded in 1876, Hokkaido University is one of the oldest, largest and most prestigious universities in Japan.

Our students and researchers come from all over the world and all backgrounds to prepare for a life of new challenges. We are unique among Japan's leading universities in the breadth of disciplines we offer, providing a variety of opportunities for personal growth and all-round education that develops unique insights and broader perspectives.

In the heart of Japan's northern city of Sapporo, our main campus provides the perfect balance of natural scenery with state-of-the-art teaching, research and student support facilities. Our academics pursue excellence in teaching, reaching across disciplines to offer the very best in innovative and broad based education. Learning from these top academics exposes Hokkaido University students to excellence and challenges them to succeed as leaders in whatever career they choose.

At Hokkaido University, there is more to student life than just lectures. An abundance of opportunities await international students to become part of the many activities available on campus. Students can join one of over 250 clubs, participate in sporting activities, visit the university's museum, attend a university festival or just relax with friends in one of the many university cafeterias in between lectures. Hokkaido University offers students the chance to gain valuable experiences and to make new friends. Your year abroad here at 'Hokudai' will be one to cherish for a lifetime.

Hokkaido University website : <https://www.global.hokudai.ac.jp/>



Faculty of Agriculture



Model Barn



Poplar Avenue



Furukawa Hall

Quick Facts

- Total Enrollment: 18,171
- Undergraduate Students: 11,561
- Graduate Students: 6,552
- Research Institute Students: 58
- International Students: 2,057
- Partner Universities: 719
- Faculty and Staff: 3,893
- University Color: Forest Green
- University Flower: Trillium
(as of May, 2021)



Ginkgo Avenue



Sakushukotoni River



The Hokkaido University Museum

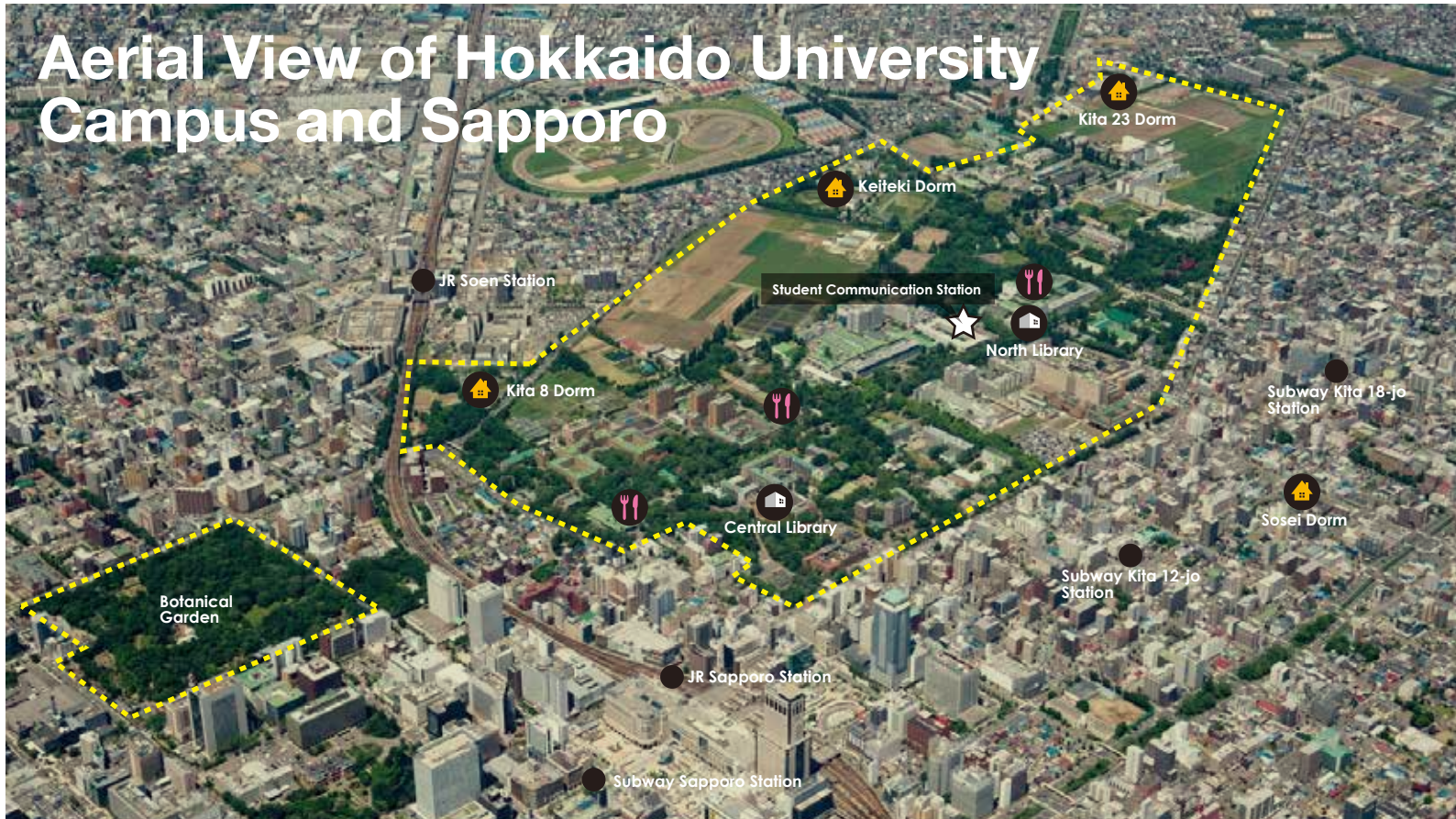
Life in Sapporo



Sapporo, the city in which you'll be living, is Japan's fifth largest city with a population of almost 2 million people. Sapporo is known for its amazing food, unique history, natural beauty, and cosmopolitan character. With its fashionable restaurants, great shopping areas and relaxed atmosphere, it is often rated as the most desirable place to live in Japan. Sapporo provides an excellent quality of life and an affordable cost of living for students.

Sapporo City website: <http://www.city.sapporo.jp/city/english/>

Aerial View of Hokkaido University Campus and Sapporo





HOKKAIDO
UNIVERSITY

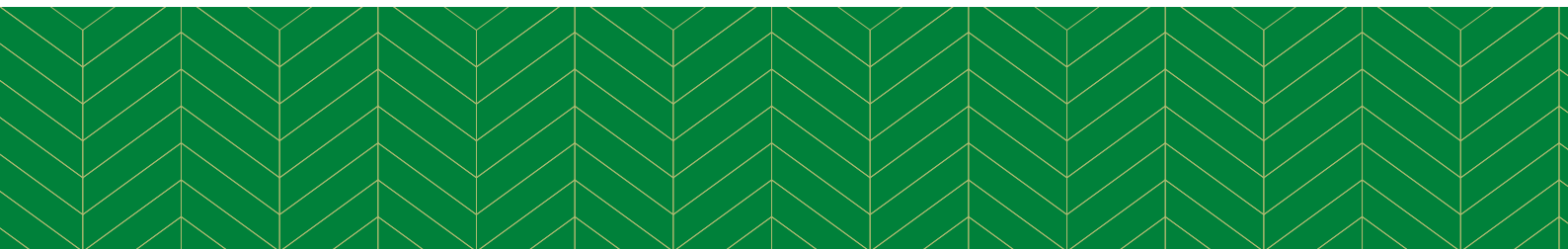
CONTACT

Student Exchange Division, Academic Affairs Department

Hokkaido University
Kita 15, Nishi 8, Kita-ku, Sapporo 060-0815 JAPAN
E-mail : hustep@oia.hokudai.ac.jp
Phone : +81-(0)11-706-8059

Hokkaido University HUSTEP 

<https://www.global.hokudai.ac.jp/admissions/exchange-student-admissions/exchange-programs-in-english-hustep/>





HOKKAIDO
UNIVERSITY



JAPANESE LANGUAGE AND CULTURE STUDIES

日本語・日本文化研修コース

PROGRAM
2022-2023

UNIVERSITY OVERVIEW

Quality Education in a Beautiful Setting

Hokkaido University is one of the oldest, largest and most prestigious universities in Japan. Boasting the largest number of faculties of Japan's national universities, we cover almost all areas of the humanities and social and natural sciences, leading research activities in Japan and the world. Our alumni include a Nobel laureate, business leaders, research pioneers, artists and writers. They have all benefited from the University's determination to develop curious minds that are ready to embrace challenges and acquire knowledge, reveal new global perspectives and find solutions which change society for the better. The University placed in the top 29 in the Asian region, and ranked 6th in Japan by the Academic Ranking of World Universities 2021.

We offer a broad-based educational experience, world-class research facilities, and all the attractions of living in the cosmopolitan city of Sapporo.

The atmosphere is warm and welcoming, our campuses are clean and safe and we are located in a breath-takingly beautiful setting.



美しい環境における
質の高い教育

北海道大学は日本でもっとも歴史が長く、規模が大きく、名声の高い大学の一つです。日本の国立大学で最多の学部数を誇り、人文科学、社会科学、自然科学のほぼすべての分野を網羅し、日本と世界において研究活動をリードしています。卒業生にはノーベル賞受賞者、ビジネスリーダー、先端的研究者、芸術家、作家などがいます。彼らは皆、自ら挑戦し、よりよい社会をつくりあげる解決策を国際的な視野で育てていくという大学の目指すところから恩恵を受けています。北海道大学は2021年の世界の大学ランキングで、アジア地域で29位、日本で6位にそれぞれランクインしました。北海道大学は、幅広い教育経験、世界レベルの教育設備、国際都市札幌で生活することの魅力を提供します。雰囲気は暖かく快適、キャンパスは清潔で安全、息をのむような美しい環境にあります。

The Japanese Language and Culture Studies Program (JLCSP) is a 'junior year abroad' type program for undergraduate students majoring in Japanese language and culture. Each year international students from our partner universities as well as government-sponsored students come to Japan and take this enriching course. The JLCSP is the leading course of its kind in Japan and has a long history catering to different skill levels from intermediate to advanced Japanese. You can also choose courses from our English curriculum or courses from the standard curriculum taken by Japanese students.

Hokkaido University is set on a large campus widely viewed as the most beautiful campus in Japan. In such a wonderful environment, together with other international students as well as Japanese students, let us help pave your future.

日本語・日本文化研修コース（日研コース）は、日本語や日本文化を専攻する学部生を対象とした短期留学プログラムです。主に国費留学生と協定大学からの交換留学生が学んでいます。

北海道大学の日研コースは日本国内でも有数の長い歴史と充実したコースを持っており、日本語のクラスは技能別に自分に合ったレベルで中上級の日本語を学ぶことができます。選択科目として日本人学生対象の授業や英語での国際交流科目も選ぶことができます。

また、北海道大学は日本でもっとも美しい広大なキャンパスを持つ大学です。様々な国からやって来た留学生や日本人学生とともに、恵まれた環境で、一緒に未来を切り拓いて行きましょう。



COURSE DIRECTOR

KOBAYASHI YOSHIKO

小林 由子

JAPANESE LANGUAGE AND CULTURE STUDIES PROGRAM

日本語・日本文化研修コース

Objectives of the Program:

The objectives of this program are:

- (1) to improve students' Japanese language proficiency to enable them to interact with Japanese speakers and conduct research in Japanese;
- (2) to acquire basic knowledge and methodologies for Japanese studies – particularly relating to Japanese general and applied linguistics;
- (3) to gain a deeper understanding both of Japanese language and culture.

Outline of the Program:

The program consists of two types of courses: courses in Japanese language and courses in Japanese linguistics, culture and society.

* The program became a credited program from September 2015.

* Please note that the schedule and the teaching method may change due to the COVID-19 pandemic.

Period of the Program:

One-Year : October 2022 - August 2023

Half-Year (2022 Fall Semester) : October 2022 - February 2023

Half-Year (2023 Spring Semester) : April 2023 - August 2023

Entry Requirements:

- Applicants must be a Japanese language and/or culture major enrolled in an undergraduate degree course at a university-wide agreement partners of Hokkaido University. First-year students are not eligible to apply.
- Applicants should have N3 (or higher) on the Japanese Language Proficiency Test or the equivalent or higher proficiency in Japanese at the time of application. In particular, applicants should know 500 or more kanji and have the skill to understand conversation spoken at natural speed and read/write simple sentences.
- * Applications from students whose proficiency in Japanese does not meet the requirements will not be accepted. Any students who are found to be at the introductory level by the placement test which is conducted by Hokkaido University after arrival may not be able to complete the program.
- Applicants must possess a good academic record at university level.

Conditions for completion of the course:

A certificate of completion of the program will be given to students who satisfactorily earn 20 credits (10 credits for the half year program) or more of courses throughout the period of the program.

How to apply:

Please submit the application form and any additional documents to the office responsible for student exchange at your university. Application documents must not be sent directly to Hokkaido University. The deadline of submission at Hokkaido University is as follows:

One Year: February 10, 2022

Half-Year (2022 Fall Semester): February 10, 2022

Half-Year (2023 Spring Semester): October 28, 2022

* Half-Year (2022 Spring Semester) applicants should submit their applications in October not February.

Number of Students Accepted:

One-Year:40

Half-Year:20

コースの特色

日本語・日本文化の双方に関する研究・調査活動に役立つ日本語能力の育成と、研究に必要な基礎知識、方法論・技能等の修得・運用を通じた日本語・日本文化理解を目的とするコースであり、プログラムの中で受講生の日本語能力の向上を図る。

プログラムの概要

内容は、日本語を学習する選択必修科目群、日本語・日本文化に関する講義から成る選択科目群より構成されます。

※ 2015年9月入学者から単位認定が可能なプログラムとなりました。

※新型コロナウイルスの感染拡大によって、スケジュールや授業方法が変更になる場合があります。

研修期間

1年コース: 2022年10月～2023年8月

半年コース (秋入学): 2022年10月～2023年2月

半年コース (春入学): 2023年4月～2023年8月

受講希望者の資格、条件等

・北海道大学と大学間交流協定を締結している外国の大学の学部であって、日本語・日本文化に関する専攻課程を主専攻として在籍している者。

(ただし、1年生を除く)

・申し込み時に、中級レベル (日本語能力試験 N3 以上に合格している者又は同試験の合格者と同等の日本語能力) 以上の日本語能力を有する者。具体的には、漢字 500 字以上を習得し、日常的な場面での自然に近いスピードで話される会話・平易な文章の読み書きができることが必要です。

* 日本語が初級レベルの者は出願を認めません。なお、入学後北海道大学で実施するプレースメントテストにより、初級レベルと判定された者はコースを修了できない可能性がありますので、注意してください。

・大学において優秀な成績を収めている者。

修了要件

1年コース: 20 単位以上履修すると修了と認定され、修了証書が交付されます。

半年コース: 10 単位以上履修すると修了と認定され、修了証書が交付されます。

申請可能な奨学金

詳細は募集要項をご覧ください。

出願方法

在籍大学の国際交流担当部署を通して出願書類を提出してください。

北海道大学まで書類を直接送らないでください。北海道大学への申請書類の

提出期限は、1年コースと半年コース (2022 年秋入学) は 2022 年 2 月 10 日、

半年コース (2023 年春入学) は 2022 年 10 月 28 日です。

* 半年コース (2023 年春入学) の応募者は、2 月ではなく 1 0 月に申請書類を提出してください。

受入定員

1年コース: 40 名

半年コース: 20 名



Hokkaido is the northernmost region of Japan, consisting of one large island and 509 surrounding islands. Dotting the center of the main island are mountain ranges and impressive volcanoes surrounded by sweeping coastal plains. The islands' total land mass is 83,000km² which makes up 22% of the total land mass of Japan. Sapporo is known for its amazing food, unique history, natural beauty, and cosmopolitan character.

With its fashionable restaurants, cafe culture, and relaxed atmosphere, it's often rated as one of the most desirable places to live in Japan. Sapporo offers a high quality lifestyle with its perfect blend of bustling city life and the natural peace of the great outdoors.



北海道は日本の最北にあり、本島と509の離島で構成されています。メインアイランドの中心部は山岳地帯で、すばらしい火山が沿海の平野に囲まれています。総面積は83,000平方キロメートル、日本全体の22%を占めます。札幌はすばらしい食べ物、ユニークな歴史、自然の美しさ、国際的な雰囲気がある街です。おしゃれなレストラン、カフェの文化とリラックスした雰囲気があり、日本でもっとも住みたい街の一つに挙げられます。札幌は、賑やかな都市の生活と自然の安らぎが調和した質の高い生活を提供します。

ACADEMIC CALENDAR 2022-2023

※2019-2020の行事を参考として示しています。

Middle September / 9月中旬
Arrival, Settlement and Registration
到着・各種手続き

October 1 / 10月1日
Entrance Ceremony
入学式

September / 9月
Program Orientation
コースオリエンテーション

October 2 / 10月2日
Japanese Language classes begin
日本語授業開始

December 25 / 12月25日
Last Day of Classes before winter break
冬季休業前授業最終日



December 26 - January 3
12月26日 ~ 1月3日
Winter Break
冬季休業

January 6 / 1月6日
Classes Resume
授業再開

February 6 / 2月6日
Last Day of Classes
授業最終日
Mid-Feb / 2月中旬
Cultural Activities
文化活動

9 September 九月

10 October 十月

11 November 十一月

12 December 十二月

1 January 一月

2 February 二月

Sapporo Autumn Fest (Odori Park)
サッポロオータムフェスト (大通公園)

Sapporo Marathon (Downtown Sapporo)
札幌マラソン (札幌市内)

Sapporo Art Stage (Throughout the city)
さっぽろアートステージ (札幌市内)

Christmas Market in Sapporo (Odori Park)
クリスマスマーケット インさっぽろ (大通公園)

Sapporo Snow Festival (Odori Park)
さっぽろ雪祭り (大通公園)

Sapporo International ShortFilm Festival (Downtown Sapporo)
サッポロインターナショナル ショートフィルム フェスティバル (札幌市内)

Sapporo White Illumination (Odori Park, Ekimae-dori)
さっぽろ ホワイトイルミネーション (大通、駅前通り)

EVENTS IN SAPPORO

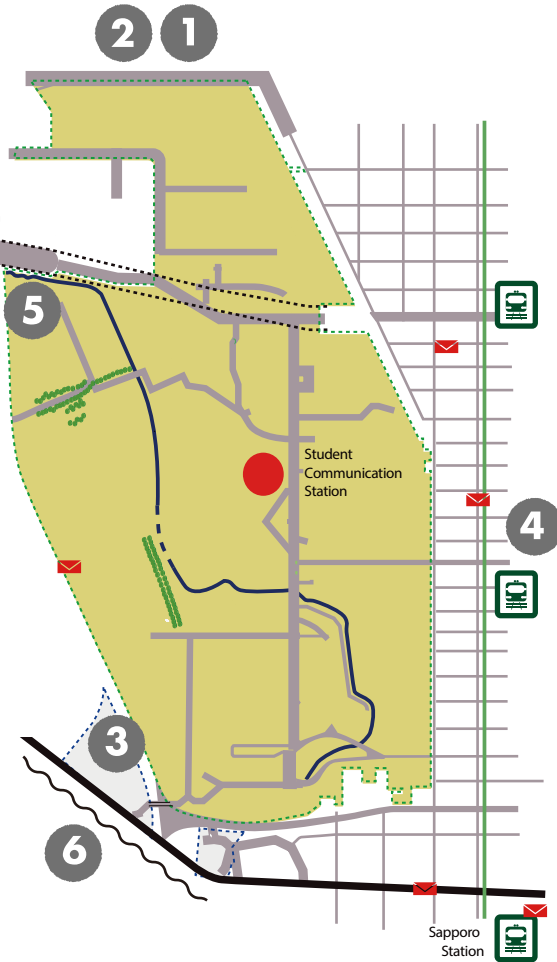


ACCOMMODATION

Almost all of Hokkaido University's dormitories are located within walking distance from Sapporo Campus, and are fully furnished with net access. Our Institute for the Advancement of Higher Education can help organize initial accommodation for you, so that you don't have to worry about looking for a place to stay upon arrival in Sapporo.

ほっかいどう大学のほぼすべての宿舎は徒歩圏内にあり、家具が完備されています。北海道大学のほぼすべての宿舎は徒歩圏内にあり、家具が完備されています。高等教育推進機構は、皆さんの渡日直後の宿泊先の手配をお手伝いしますので、皆さんは滞在先の心配をする必要はありません。

- 1** Hokkaido University International House Kita 23 Building 1
86 Room Woman's Dormitory
Rent - ¥22,000 per month,
Utility charges - ¥5,000~18,000 per month
- 2** Hokkaido University International House Kita 23 Building 2
96 Room Women's Dormitory
Rent - ¥28,000 per month,
Utility charges - ¥5,000~16,000 per month
- 3** Hokkaido University International House Kita 8
87 rooms for singles
Rent- ¥29,000 per month,
Utility charges ¥2000~14,000 per month
- 4** Sosei-Ryo
21 Room Women's Dormitory
Rent - ¥4,700 per month,
Utility charges - ¥5,000~7,000 per month
- 5** Keiteki-Ryo
40 Room Men's Dormitory
Rent - ¥4,700 per month,
Utility charges - ¥5,000~7,000 per month
- 6** Hokkaido University International House Fushimi
87 rooms for single
Rent- ¥27,000 per month
Utility charges- ¥15,300--per month



- 1** 北大インターナショナルハウス北23条1号棟
単身用(女性用) 86室
寄附料 月額 22,000円
光熱水料 月額約 5,000 ~ 18,000円
- 2** 北大インターナショナルハウス北23条2号棟
単身用(女性用) 96室
寄附料 月額 28,000円
光熱水料 月額約 5,000 ~ 16,000円
- 3** 北大インターナショナルハウス北8条
単身用 87室
寄附料 月額 27,300円~29,000円
光熱水料 月額約 2,000 ~ 14,000円
- 4** 霜星寮
単身用(女性用) 21室
寄附料 月額 4,700円
光熱水料 月額約 5,000 ~ 7,000円
- 5** 恵迪寮
単身用(男性用) 40室
寄附料 月額 4,700円
光熱水料 月額約 5,000 ~ 7,000円
- 6** 北大インターナショナルハウス伏見
単身用 87室
寄附料 月額 27,000円
光熱水料 月額 15,300円~

* as of December, 2021

※2021年12月時点

February 12 to April 5

2月12日~4月5日

Spring Break
春季休業

April 8 / 4月8日

Classes begin
(Second Semester)
春学期授業開始

June 1 / 6月1日

University Festival (No class)
大学祭 (休講)

Mid-August / 8月中旬

Graduation Party
コース修了

August 8 / 8月8日

Last Day of Classes
授業最終日

3 March
三月

4 April
四月

Keiryu Koinobori
(Jozankei Hot Spring Area)
清流鯉のぼり (定山溪温泉)

5 May
五月

Sapporo Lilac Festival
(Odori Park)
さっぽろライラック祭り
(大通公園)

6 June
六月

YOSAKOI Soran Festival
(Odori Park)
よさこいソーラン祭り (大通公園)
Hokkaido Shrine Festival
(Throughout the city)
札幌まつり (北海道神宮例祭)

7 July
七月

Pacific Music Festival
(Sapporo Art Park)
パシフィック・ミュージック・フェスティバル (札幌芸術の森)
Toyohira River Fireworks
(Toyohira River)
豊平川花火大会 (豊平川)

8 August
八月

Sapporo City Jazz
(Odori Park and Sapporo Art Park)
さっぽろシティジャズ
(大通公園、札幌芸術の森)
Sapporo Summer Festival
(Odori Park)
さっぽろなつまつり
(大通公園)

2022-2023



GYTIS MOCKUS (2019-2020)



モツクス・ギーティス
LITHUANIA / リトアニア

Studying in Hokkaido University was probably the most valuable experience in my life. Not only had I a chance to dig deeper into Japanese language and culture through the JLCSP program, but I also had a great opportunity to share the same interests with a very colorful spectrum of people from all over the world.

Even though 2020 was a challenging year for all of us, I think that the Hokkaido University community did a very professional job in conducting lectures online and providing support for any student's needs in a very short period of time. Both the professors and the administration showed great skill in adapting to any situation, which made me feel safe, cared about and very proud to be a part of the Hokkaido University community.

Besides studying, I also had a chance to participate in various events like giving a presentation about my country to the locals, parties for international students in the dorm, events in the university to celebrate Setsubun, and many more. Living and studying in Sapporo, being surrounded by so many nice people really made me feel at home from the minute I arrived. Not even the cold Hokkaido winters that everyone keeps talking about could ruin even a minute of my life here. I can't stress enough how grateful I am for this opportunity: if you are reading this and still feel indecisive as to whether you should choose Hokudai for your study abroad, I can guarantee that you will not regret coming here.

北海道大学に留学するという経験は、多分、私の人生の一番貴重な経験だったと思います。日研生として日本語と日本の文化についてたくさん勉強しただけではなく、同じ興味を持っているカラフルな世界の人々となることができてよかったです。

2020年は多分、私たちにとってチャレンジの年だったかも知れないですが、北海道大学の先生方と事務担当者は、どんな場合でも、とても上手に順応して、できるだけ学生たちの手助けをしていました。私のためにいつも誰かがいたから、とても安心した留学生活を楽しむことができたと思います。北海道大学は学生たちのために本当に頑張っていると感じたので、私は北海道大学の一員になって誇りに思います。

勉強以外にも多くの活動に参加できました。札幌の住民に自分の国について発表とディスカッションを行ったり、寮で留学生とパーティーをしたり、節分のイベントなどに参加できて本当に良かったです。

札幌に来たばかりの私にはカルチャーショックなどのような感じが全くなくて、これは私の家のように感じられました。札幌はとても暮らしやすい所だと思います。その上、寮でほとんどの皆はとても優しく良い人たちで、仲良くできてとてもよかったです。北海道に来る前は、皆から「あそこは寒いよ」、「多分すぐ帰りたいくなるよ」とよく言われました。しかし、北海道の冬は結構寒いですが、札幌や北海道で出会った人の心がどんな寒さより暖かいので、北海道に来なければよかったという後悔のような考えが全くありませんでした。このパンフレットを読んでいる人で、北海道大学に行くかどうかまだ悩んでいるのであれば、北大に来れば後悔がないと約束できます！

STUDENT VOICE 卒業生の声

These five students took the Japanese Language and Culture Studies Program(2019-2020,2020-2021). Find out what they have to say...

この5名の学生は、2019年～2020年、2020年～2021年に日本語・日本文化研修コースで学びました。コースや学生生活について聞いてみました。



HEO JEONGIN (2019-2020)



ホ・ジョンイン
KOREA / 大韓民国

While studying at Hokkaido University for a year, I was able to discover my potential. Through living independently and learning in other country, I was able to gain various experiences not only in academics but also in everyday life and responsibility.

When I first came to Sapporo, I was not confident about speaking in Japanese, and I was worried about how I would live alone. However, in the JLCSP class, I was able to communicate at the same level as my friends from various countries, so we were able to empathize with each other and gradually be accustomed to speak in Japanese language. At first, when I took the senior placement test, I was worried whether I could catch up with other classmates and class because I felt the level was much higher than I thought. But the teachers in charge of the class at the JLCSP were always able to explain the difficult issues clearly and, through group work, I was able to participate in the class in a way that would be the most enjoyable in my life. Thank you.

私は、北海道大学で1年間留学しながら、自分の潜在能力をみいだすことができました。母国ではできなかった一人暮らしや他国での学びを通じて、学問的な上達だけでなく、料理や掃除など、生活においても様々な経験を積むことができました。

最初に札幌に来た時の私は、日本語で話すことに自信がなく、これからどうやって一人で生活していくか不安を抱いていました。しかし、日本語・日本文化研修コースの授業では、様々な国から来た友達と同じ立場で日本語で交流することができるため、お互い共感しながらコミュニケーションし、少しずつ日本語になじんでいくことができました。最初、上級クラスのプレゼンテーションを受けた際も、水準がかなり高く、授業にうまくついていけるかと心配していましたが、日本語・日本文化研修コースの授業を担当している先生の方々が、常に分かりやすく説明していただきました。難しい論題についてはグループワークを通じて、クラスメイトのみならず協力するという形で授業に参加することができたので、人生で一番楽しく日本語を学ぶことができたと思います。



Muhammad Faruq Azhar Hadi Elfahmi (2020-2021)



ファルック・エルファミ
INDONESIA / インドネシア

Never in my whole life I ever thought that I would be able to go to such an amazing place as Hokkaido, least studying at one of the best university in Japan, Hokkaido University. It was one of the most precious time in my life, and would surely help me in my life after.

2021 was a hard time for us, the one that will leave it's scar in the history book for sure. Nevertheless, I almost never had any problem in my study or everyday life, thanks to everyone from university. Whenever I had a problem, they would quickly give me the solution, even help me to solve it. Through the Hokkaido University's Japanese Language Course, I have learnt a lot of things and found a new motivation in learning the language more than ever. Not just Japanese language lesson that pique my interest, but there's lot of another interesting topic like "Japanese Philosophy" "How Japanese think" "Scientifically think about conversation" and lot more. It seems like there's just no end of interesting things to learn.

人生で北海道のような素敵な場所に行ける、まして日本中でトップの大学の一つ「北海道大学」で勉強することができることは夢にも思いませんでした。人生の中で最も素敵な一年だと思います。そして、その後の人生にも大いに役に立てると感じます。

2021年は難しい時期だった、歴史に残る出来事だと思います。それでも、勉強も日常生活も全く問題ないと思うのは、悩みごとや問題があったら、大学がすぐに問題の解決方法を教えてくれたし、解決もしました。

北海道大学を通して、沢山新しいものを学びました。そして、日本語をもっと知りたい気持ちがいよいよ深くなりました。日本語だけじゃなく、他に面白い講義が沢山あり、例えば、「哲学」「考え方の技術」「話し言葉を科学する」などがあります。面白いものがいっぱいあります！



KRAMER PAUL JOHANN (2019-2020)

ポールクラマー
GERMANY/ドイツ

In the blink of an eye, a truly wonderful year has passed since I started my studies at Hokkaido University. I enrolled in the JLCS Program not only to improve my Japanese language skills, but also to meet different people from all around the world. The year I spent in Sapporo has genuinely become one of my most treasured memories.

Through Hokkaido University's Japanese language courses, I have been able to greatly improve my knowledge about the Japanese language. Not just my ability to write on an academic level, but also my ability to talk about complex topics as well as my Japanese in general have improved tremendously. Furthermore, I have been able to choose a variety of lessons according to my own skills and interests, which gave me the opportunity to grow on a broader academic level as well. However, the most important part were the friends I made along the way on this one-year journey. Together with people from all over the world I enjoyed the unparalleled beauty of Hokkaido. Going to an izakaya for the first time, enjoying Sapporo's unique Snow Festival, or just having a fun time at the beach — I'm more than happy that I was able to enjoy it together with my friends. Through this one year my outlook on life has changed and I've been able to understand myself and my goals better.

That's why I highly recommend to all of you who are thinking about coming to Sapporo and Hokkaido University: Come and experience this journey yourself! You won't regret it!

北海道大学に留学し始めてから、本当にあっという間に1年間が経ってしまいました。自分の日本語能力を向上させるためだけでなく、様々な背景を持つ人々と出会うために、北海道大学の日本語・日本文化研修コースに参加してきました。札幌で過ごした1年間はまさに自分の人生の最も大切な思い出となりました。

北海道大学の日本語・日本文化研修コースを通して、新たな知識がたくさん得られ、科学的な文章を書くなり、難しい問題について話すなり、自分の日本語能力が非常に上達してきたと思います。その上、自分の興味や実力に合わせて様々な授業が自由に選べ、学術的な面でも私は成長できました。

しかし、一生忘れられない最も大事なことは、この1年間で出会った友達だろうと思います。北海道ならではの自然をいろいろな国からの友達と一緒に楽しむことができました。初めての居酒屋や札幌の美しい雪まつりに行ったり、ビーチで遊んだり、この友達と一緒に過ごせて本当に嬉しかったです。

この1年間の経験では私の視野がとてつもなく広がって、自分自身のこともわかってきたと思います。北海道大学に留学したいみんなさんも、このような経験を是非してみてください！



Methni Paranavithana Gunasekara (2020-2021)

メッタニパラナウィターナ
グナセーカラ
SRI LANKA/スリランカ

When I think about the time I spent in Hokkaido, I am filled with so many memorable experiences it would be impossible to write about them all. Why did I choose Hokkaido University as my first choice when applying for a Japanese university with a scholarship as a Sri Lankan university student? There are various reasons, but the main reason is to enjoy the beauty of the four seasons that I have never felt in Sri Lanka (especially Winter). It was a wonderful experience to see a white snow in Sapporo because I had never experienced snow before. I think I am lucky to be able to study in a calm place surrounded by such a green environment like Hokkaido University.

JLCS Program at Hokkaido University was really perfect. I made a lot of new friends who represent not only Japan but also various countries around the world. I really enjoyed travelling, playing and eating together with those friends. I learned about Japanese language and culture throughout the experience of JLCS Program. Also, it was very interesting to be able to discuss various countries, cultural backgrounds, language, social status etc with each cultural representative. The kind guidance of the teachers who taught the JLCS Program was very helpful in improving my interest in studying Japanese. Also, their kind guidance became a strong inspiration to recover from my language mistakes and improve my Japanese.

When I remember my life in Hokkaido, it is necessary to express about my university accommodation life, too. Apart from my family, my first experience of living alone was living in Hokkaido. Living alone was painful, but thanks to my family-like dormitory friends, that pain disappeared. We cooked dishes of different countries and had a party together.

Finally, I felt that the beauty of Hokkaido was so much that I couldn't visit it in a year. So I definitely want to come back to Hokkaido again.

北海道の生活を思い出すと、言えないほど多数の懐かしい経験を収集した時期だった。スリランカ大学生として奨学金をもらって、日本の大学に申し込む際、なぜ私は「北海道大学」を一番目のチョイスに入れたの？様々な理由があるけど、スリランカで全然感じていない、四つの季節の美しさをそのまま味わうのはその中で主な理由である（特に冬）。冬の時、雪で真っ白になる札幌は、初めて雪を見た私にとっては素晴らしい経験だった。北海道大学のようなグリーンが多い環境で囲まれて落ち着いたところで勉強できたのは「ラッキー」だと思う。

北海道大学の日研コースは本当に完璧だった。日本だけでなく、世界的にいろいろな国を代表する新しい友達もいっぱいできた。その友達と一緒に旅行したり、遊んだり、食べたりに本当に楽しかった。日研コースで日本語、日本文化について経験を通して勉強になった。また、それぞれ文化の違う代表者と一緒に各国の文化、言語、社会状態などについて相談もできて、すごく面白かった。日研コースを指導した先生たちの親切なご指導は、日本語の勉強の興味を上達するために大変役に立った。先生たちの親切なご指導は、私の間違いを直し、日本語が上達する励みになった。

北海道の生活について言うと、寮での生活も一言で言わなければならない。家族から離れて、初めて一人暮らしをした経験は北海道の生活だった。一人暮らしは苦しい感じだったが、家族みたいな寮の友達のおかげでその苦しさはなくなってしまった。そこで、いろいろな国の食文化を味わうことも旅行もできて、本当にうれしい一年だった。

最後に、北海道の美しさは一年では訪れられないほど多いような気がした。ですので、また、ぜひ北海道に戻りたい。



HOKKAIDO
UNIVERSITY

CONTACT

Institute for the Advancement of Higher Education

Hokkaido University
Kita 15, Nishi 8, Kita-ku, Sapporo 060-0815 JAPAN
E-mail : jlcspp@oia.hokudai.ac.jp
Phone : +81-11-706-8058
Fax : +81-11-706-8067

JLCSP



<https://www.global.hokudai.ac.jp/>